

LUNCH & DINNER

STARTERS

BONIATO LIMA & PARMIGIANO (7)	9,5
Crispy sweet potato with fresh lime and Parmigiano Reggiano.	
PATATAS BRAVAS MAMA CARMEN (7)	8,5
Crispy potatoes with spicy sobrasada sauce and roasted lemon aioli.	
CORN RIBS (7)	8,5
Corn like you've never tried it before, crispy, juicy, with spicy cream and feta.	
KOREAN GLAZED WINGS (6,11)	12
Korean-style glazed wings, sweet and spicy, with toasted sesame, lime, and spring onion.	
NACHOS PULLED PORK (1,7)	12
Loaded nachos with BBQ pulled pork, melted cheddar, guacamole, pico de gallo, jalapeños, and sour cream.	
FRIED BURRATA (1,7)	11
Crispy on the outside, creamy inside, with spiced tomato and basil pesto.	
TEQUEÑOS (3 PCS) (1,7)	9,5
Cheese sticks with guasacaca sauce.	
MAMA'S CROQUETTES (1,3,7)	9,5
Creamy croquettes. Choose your favorite: TRUFFLE (5 PCS) / JAMÓN IBÉRICO (5 PCS) / MIXED (6 PCS)	

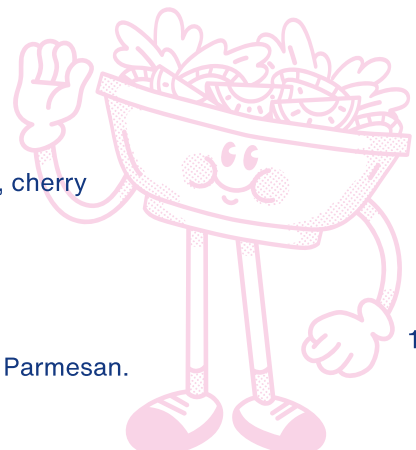
CLUB SANDWICH — NEW!

On sliced brioche bread — the flavour of our iconic burgers, in a whole new format.

MILF (1,7)	18
Aged beef, bacon mayo, Gouda and cheddar, bacon jam and Carmen's special sauce.	
SUGAR DADDY (1,7)	15,9
Double smash beef (200 g), double cheddar, pickles, onion and American-style sauce.	
EL POLLÓN (1,5)	15,9
Asian-style marinated chicken, coleslaw, peanut mayo and a spicy kick.	

FRESH & LIGHT

SMOKED AVOCADO FETA & PICO DE GALLO SALAD (7)	16
Lightly smoked avocado with fresh pico de gallo and feta cheese.	
CEVICHE (4)	21
White fish with coconut milk, beetroot, and cucumber.	
POKE BOWL (4,6)	17
Choose your protein: salmon / tuna / tofu. Tricolour quinoa, avocado, cherry tomatoes, seaweed, edamame, mango, radish, carrots and ginger.	
BURRATA, HONEY GRILLED PEACH (7)	17
Creamy burrata with grilled peach, sweet and spicy touch, and basil.	
CHICKEN CAESAR (3,4,7)	15,9
The classic, only better. Creamy and full of flavour, with chicken and Parmesan.	



LUNCH & DINNER

mama
CARMEN
sant francesc

BURGERS

con pan brioche o pan sin gluten (+1€)

TINDER (1,7)

Double smash beef (200g), cheddar, caramelized onion, bacon, lettuce, tomato, and house sauce.

16,9

SUGAR DADDY (1,7)

Double smash beef (200g), double cheddar, pickles, onion, and American-style sauce.

15,9

FORMENTETA (1,7,10)

Double smash beef (200g), goat cheese, figs, arugula, and honey mustard mayo.

17,5

VEGGIE BURGER (1,7)

Broccoli burger stuffed with cheese, avocado mayo, and tempura red onion.

16,9

ONLY FANS (1,7)

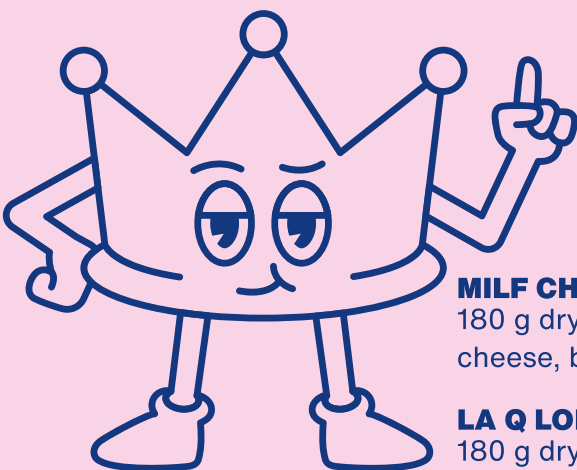
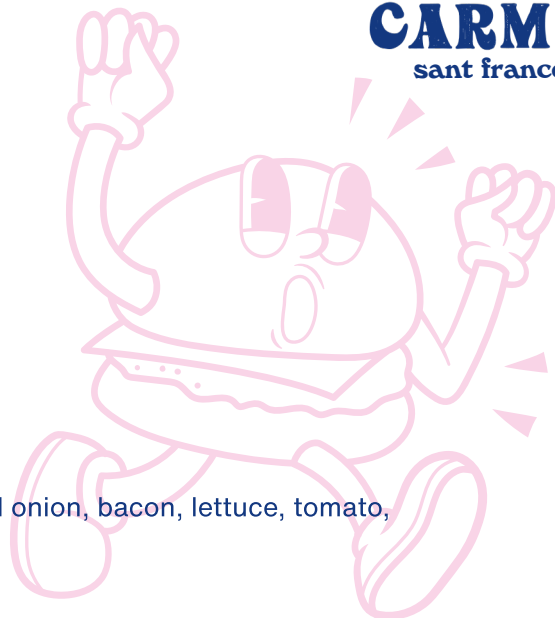
Double smash (200g), double cheddar, pulled pork, and roasted pepper sauce.

16,9

EL POLLÓN (1,5)

Asian-style marinated chicken, coleslaw, peanut mayo, and a spicy touch.

15,9



THE BURGER CHAMPIONS

MILF CHAMPION 2024 (1,7)

180 g dry-aged beef, bacon mayo, gouda and cheddar cheese, bacon jam and Carmen's special sauce.

18

LA Q LONA CHAMPION 2025 (1,7)

180 g dry-aged beef, cheddar and Monterey Jack cheese, bacon jam, homemade pickles and Carmen's special sauce.

18

CRUISING CHAMPION 2026 (1,7,10)

Big Mac-style sauce, homemade pickles, 180 g dry-aged beef, smoked white cheddar and marinated pork belly.

16,9

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mama
CARMEN
sant francisc

Ándale **CARMEN**

TACOS POLLO CHINGÓN (5)	15,9
Juicy chicken, pickled onion, coriander, guacamole, and crunchy peanuts.	
TACOS BIRRIA & CHEESE (7)	16,9
Shredded pork ribs with melted cheese, pico de gallo, coriander, and rich broth.	
SHRIMP TACOS BAJA CALIFORNIA STYLE (1,2,3)	17,9
Tempura prawns with guacamole, cabbage, chipotle mayo, lime, and coriander.	

HEAVENLY TREATS

TRUFFLE STEAK TARTARE (1,3,10)	19
Hand-cut beef, capers, pickles, shallot, Dijon mustard, truffle, egg yolk, and brioche.	

THE GRILL UNFILTERED

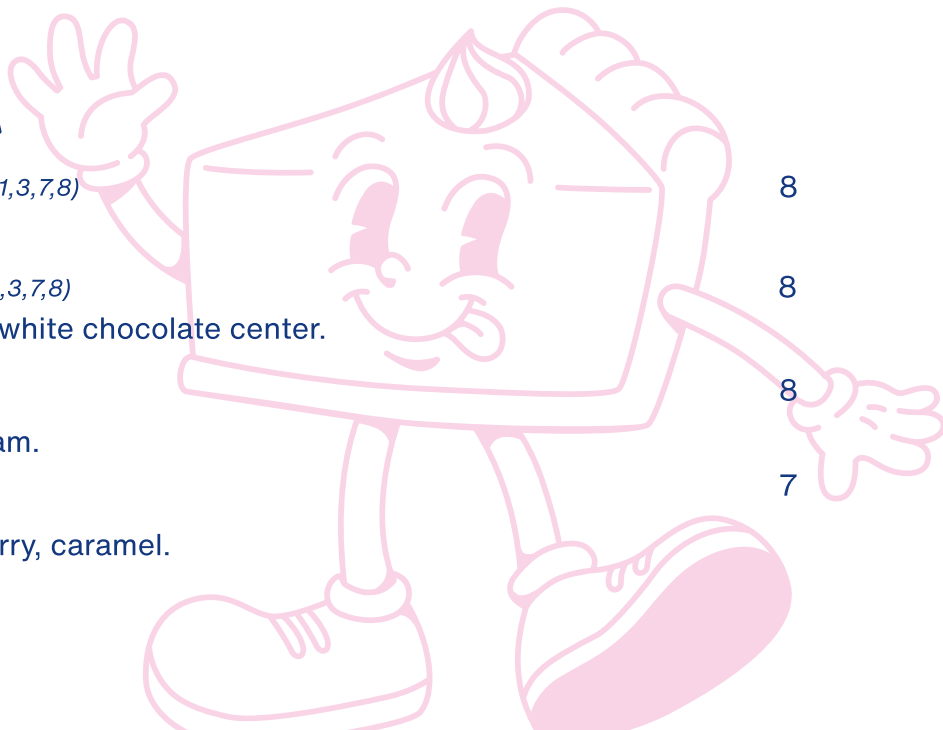
BBQ RIBS (6)	25
Tender ribs, glazed and finished on the grill.	
USA ANGUS SKIRT STEAK (7)	29,90
Premium USA Angus skirt steak with exceptional marbling, 280 g, charcoal grilled.	

LOADED FRIES

TRUFFLE FRIES (7)	7,5
Fries with Parmesan and truffle mayo.	
CLASSIC FRIES	6,5
CHEDDAR & BACON (7)	7
Fries with melted cheddar and crispy bacon.	

SWEET CARMENCITA

PISTACHIO CHEESECAKE (1,3,7,8)	8
Creamy pistachio cheesecake.	
NUTELLA CHEESECAKE (1,3,7,8)	8
Creamy Nutella cheesecake with white chocolate center.	
BANOFFEE (1,7)	8
Banana, toffee, and whipped cream.	
ICE CREAM (7)	7
Three flavors: chocolate, strawberry, caramel.	



APERITIVOS

VERMOUTH BLANCO 6

VERMOUTH ROJO 6

SANGRÍAS

MAMA'S RED 6,5/25
Clásica como le gusta a Mama

CITRUS WHITE 7/26
Vino blanco, cítricos y un toque de menta

FIZZY CARMEN 7,5/29
Afrutada, tropical y burbujeante

CERVEZAS

Cañita Mahou 2,5

Caña Mahou 3

Jarra Mahou 6,5

Mahou sin filtrar 4,5

Alhambra 4,5

Cerveza sin Alcohol 4

Cerveza sin Gluten 4

Cerveza Pacífico 5,5

CAFÉS

Espresso 1,8

Espresso Doble 2,5

Cortado 2

Americano reg | XL 2 | 3,5

Latte regular | XL 2,5 | 3,5

Cappuccino reg | XL 3,5 | 4

Flat White 4

Latte Macchiato 3,5

Espresso Macchiato 2,5

Extras:

Leche vegetal de avena 0,50 / Leche sin lactosa 0,50

VINOS

TINTOS

Tierra de aranda 5 / 25
(Tempranillo) Ribera del Duero

Marqués del Atrio 5 / 25
(Crianza) Rioja

BLANCOS

Valderivero 5 / 24
(Verdejo) Rueda

Casar de Burbia 27
(Godello) Bierzo

Nasica 5/ 25
(Sauvignon blanc) Rueda

Diamine 32
Pecorino Italiano

ROSADOS

Larrosa 5 / 23
(Garnacha) Rioja

ESPUMOSOS

Emosió Brut Nature 5 / 27
(Macabeo, Xarel·lo, Parellada) Cava

LATTES ESPECIALES

Chai Latte 5

Matcha Latte 5

TÉS E INFUSIONES

Green Tea 3

English Breakfast 3

Manzanilla / Poleo 3

Rooibos / Frutos bosque 3

Menta fresca 3

BEBIDAS FRÍAS

Ice Coffee	4,5
Iced Latte	5
Iced Capuccino	5
Café Shakerato	6
Iced Tea	5,5
Ice Matcha Latte	5,5
Ice Chai Latte	5,5
Espresso Tónica	8

Limonada Casera Limón, agave, Soda	5,5
Naranjada Naranja, agave, soda	5,5
Limonada a la Menta Limón, Agave, Menta, Soda	5,5
Ginger soda Limón, agave, jengibre y soda	6
Maracuyada Limón, agave, sirope de maracuyá y soda	6
Limonada Misterio by Javi	8
Pepinada	6
Sin gin Basil	7

ZUMOS Y BATIDOS

recién exprimidos (sólo desayunos/only breakfast)

Extra Jengibre 0,50€

NARANJA	4,5
NARANJA Y JENGIBRE	5
EL PAREO Naranja, zanahoria, manzana	7
DESEO VERDE Más fresco que tu ex : hinojo, pepino, manzana y kiwi	8
LABIOS ROJOS Ácido, dulce y muy tentador: pomelo, fresa, piña, lima	8

CUERPO DORADO Más curvas que excusas : zanahoria, mango, manzana	8
DESPIERTA PAPI Sin compromiso, mucho placer: banana, naranja, zanahoria, jengibre	7
EL SATISFACTOR No deja nadie con hambre: aguacate, banana, almendras tostadas, leche de avena y un toque de miel	8
MORNING WOOD Sube el animo.y algo más!: banana, dátiles, leche de avena y crema de cacahuetes.	8

Allergen Guide

1 GLUTEN
2 CRUSTACEANS
3 EGG

4 FISH
5 PEANUTS
6 SOY

7 DAIRY
8 NUTS
9 CELERY

10 MUSTARD
11 SESAME
12 SULPHITES

13 LUPINS
14 MOLLUSCS