

# LUNCH & DINNER

## STARTERS

|                                                                                                                                |     |
|--------------------------------------------------------------------------------------------------------------------------------|-----|
| <b>SWEET POTATO, LIME &amp; PARMIGIANO</b> (7)                                                                                 | 9,5 |
| Crispy sweet potato fries with fresh lime and Parmigiano Reggiano.                                                             |     |
| <b>MAMA CARMEN'S BRAVAS</b> (7)                                                                                                | 8,5 |
| Crispy potatoes with spicy sobrassada sauce and roasted lemon aioli.                                                           |     |
| <b>CORN RIBS</b> (7)                                                                                                           | 8,5 |
| Like you've never had before. Crispy, juicy, with spicy cream and feta cheese.                                                 |     |
| <b>KOREAN-STYLE WINGS</b> (6,11)                                                                                               | 12  |
| Sweet and spicy Korean glaze, toasted sesame, lime and chives.                                                                 |     |
| <b>NACHOS PULLED PORK</b> (1,7)                                                                                                | 12  |
| A mountain of nachos topped with BBQ pulled pork, melted cheddar, guacamole, pico de gallo, jalapeños and sour cream.          |     |
| <b>FRIED BURRATA</b> (1,7)                                                                                                     | 11  |
| Crispy and creamy burrata with spiced tomato and basil pesto.                                                                  |     |
| <b>TEQUEÑOS (3 PCS)</b> (1,7)                                                                                                  | 9,5 |
| Cheese-filled tequeños served with guasacaca sauce.                                                                            |     |
| <b>MAMA'S CROQUETTES</b> (1,3,7)                                                                                               | 9,5 |
| Creamy croquettes. Choose your favorite:<br>TRUFFLE(5PCS) / GOAT CHEESE & SPINACH (5PCS) / JAMÓN IBÉRICO (5PCS) / MIXED (6PCS) |     |

## FRESH & LIGHT

|                                                                                                                                                |      |
|------------------------------------------------------------------------------------------------------------------------------------------------|------|
| <b>SMOKED AVOCADO FETA &amp; PICO DE GALLO SALAD</b> (7)                                                                                       | 16   |
| Lightly smoked avocado with fresh pico de gallo and feta cheese.                                                                               |      |
| <b>POKE BOWL</b> (4,6)                                                                                                                         | 17   |
| CHOOSE YOUR PROTEIN: SALMON / TUNA / TOFU<br>Tri-colour quinoa, avocado, cherry tomatoes, seaweed, edamame, mango, radish, carrots and ginger. |      |
| <b>CEVICHE</b> (4)                                                                                                                             | 21   |
| White fish ceviche with coconut milk, beetroot and cucumber.                                                                                   |      |
| <b>MARINATED SALMON, FENNEL &amp; CABBAGE SALAD</b> (4)                                                                                        | 17   |
| Fresh fennel and red cabbage salad with citrus and aromatic herbs.                                                                             |      |
| <b>BURRATA, GRILLED PEACH &amp; HONEY</b> (7)                                                                                                  | 17   |
| Creamy burrata with a sweet, spicy touch and fresh basil.                                                                                      |      |
| <b>CHICKEN CAESAR</b> (3,4,7)                                                                                                                  | 15,9 |
| The classic, but better. Creamy and full of flavour with chicken and Parmesan.                                                                 |      |



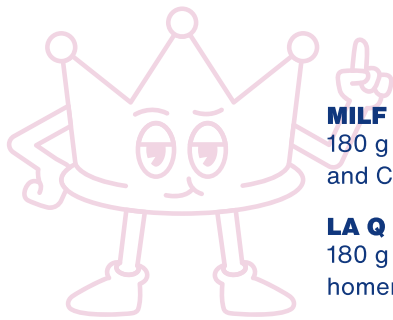
## ÁndaleCARMEN

|                                                                                           |      |
|-------------------------------------------------------------------------------------------|------|
| <b>TACOS POLLO CHINGÓN</b> (5)                                                            | 15,9 |
| Juicy chicken, pickled onion, coriander, guacamole and crunchy peanuts.                   |      |
| <b>TACOS BIRRIA &amp; CHEESE</b> (7)                                                      | 16,9 |
| Slow-cooked pulled pork ribs with melted cheese, pico de gallo, coriander and rich broth. |      |
| <b>SHRIMP TACOS BAJA CALIFORNIA STYLE</b> (1,2,3)                                         | 17,9 |
| Tempura shrimp with guacamole, cabbage, chipotle mayo, lime and coriander.                |      |

# BURGERS

with brioche bun or gluten-free bun (+1€)

|                                                                                                            |      |
|------------------------------------------------------------------------------------------------------------|------|
| <b>TINDER</b> (1,7)                                                                                        | 16,9 |
| Double smash beef (200 g), cheddar cheese, caramelised onion, bacon, lettuce, tomato and house sauce.      |      |
| <b>SUGAR DADDY</b> (1,7)                                                                                   | 15,9 |
| Double smash beef (200 g), double cheddar, pickles, diced onions and American sauce.                       |      |
| <b>FORMENTETA</b> (1,7,10)                                                                                 | 17,5 |
| Double smash beef (200 g), goat cheese, figs, arugula and honey mustard mayo.                              |      |
| <b>VEGGIE BURGER</b> (1,7)                                                                                 | 16,9 |
| Broccoli veggie burger stuffed with cheese, avocado mayo and tempura red onion.                            |      |
| <b>ONLY FANS</b> (1,7)                                                                                     | 16,9 |
| Double smash beef (200 g), double cheddar, pulled pork and roasted pepper sauce.                           |      |
| <b>EL POLLÓN</b> (1,5)                                                                                     | 15,9 |
| Asian-style marinated chicken, coleslaw, peanut mayo and a spicy touch.                                    |      |
| <b>TE PARTO AL MEDIO</b> (1,7)                                                                             | 16,9 |
| Cheeseburger cut in half with double smash beef (200 g) and white cheddar.                                 |      |
| <b>CRUISING CANDIDATE 2026</b> (1,7,10)                                                                    | 16,9 |
| Big Mac-style sauce, homemade pickles, 180 g dry-aged beef, smoked white cheddar and marinated pork belly. |      |



## THE CHAMPIONS

|                                                                                                                |    |
|----------------------------------------------------------------------------------------------------------------|----|
| <b>MILF CHAMPION 2024</b> (1,7)                                                                                | 18 |
| 180 g dry-aged beef, bacon mayo, gouda and cheddar cheese, bacon jam and Carmen's special sauce.               |    |
| <b>LA Q LONA CHAMPION 2025</b> (1,7)                                                                           | 18 |
| 180 g dry-aged beef, cheddar and Monterey Jack cheese, bacon jam, homemade pickles and Carmen's special sauce. |    |

## BIKINIS (They don't make it to the beach)

|                                                                                 |    |                                                    |     |
|---------------------------------------------------------------------------------|----|----------------------------------------------------|-----|
| <b>TRUFFLE BIKINI</b> (1,7)                                                     | 16 | <b>TRUFFLE FRIES</b> (7)                           | 7,5 |
| The elevated bikini. melted cheese, Iberian ham and truffle.                    |    | Crispy fries with Parmesan and truffle mayo.       |     |
| <b>BIKISANDO</b> (1,2,3,7)                                                      | 16 | <b>CLASSIC FRIES</b>                               | 6,5 |
| Japan in two bites. Crispy prawn, fresh cabbage and ultra creamy Japanese mayo. |    | <b>CHEDDAR &amp; BACON</b> (7)                     | 7   |
|                                                                                 |    | Loaded fries with melted cheddar and crispy bacon. |     |

## SWEET CARMENCITA

|                                                        |   |
|--------------------------------------------------------|---|
| <b>PISTACHIO CHEESECAKE</b> (1,3,7,8)                  | 8 |
| Creamy pistachio cheesecake.                           |   |
| <b>NUTELLA CHEESECAKE</b> (1,3,7,8)                    | 8 |
| Creamy Nutella cheesecake with white chocolate centre. |   |
| <b>COOKIE SKILLET</b> (1,3,7)                          | 8 |
| Warm chocolate cookie served with ice cream.           |   |
| <b>BANOFFEE</b> (1,7)                                  | 8 |
| Banana, toffee and whipped cream.                      |   |
| <b>ICE CREAM</b> (7)                                   | 7 |
| Three flavours: chocolate, strawberry and caramel.     |   |

## Allergen Guide

|                      |                     |
|----------------------|---------------------|
| <b>1</b> GLUTEN      | <b>8</b> NUTS       |
| <b>2</b> CRUSTACEANS | <b>9</b> CELERY     |
| <b>3</b> EGG         | <b>10</b> MUSTARD   |
| <b>4</b> FISH        | <b>11</b> SESAME    |
| <b>5</b> PEANUTS     | <b>12</b> SULPHITES |
| <b>6</b> SOY         | <b>13</b> LUPINS    |
| <b>7</b> DAIRY       | <b>14</b> MOLLUSCS  |

## APERITIVOS

**VERMOUTH BLANCO** 6

**VERMOUTH ROJO** 6

## SANGRÍAS

**MAMA'S RED** 6,5/25  
Clásica como le gusta a Mama

**CITRUS WHITE** 7/26  
Vino blanco, cítricos y un toque de menta

**FIZZY CARMEN** 7,5/29  
Afrutada, tropical y burbujeante

## CERVEZAS

**Cañita El Águila** 2,5

**Caña El Águila** 3

**Jarra El Águila** 6,5

**El Águila sin filtrar** 4,5

**Alhambra** 4,5

**Cerveza sin Alcohol** 4

**Cerveza sin Gluten** 4

**Dos Equis** 5,5

## CAFÉS

**Espresso** 1,8

**Espresso Doble** 2,5

**Cortado** 2

**Americano reg | XL** 2 | 3,5

**Latte regular | XL** 2,5 | 3,5

**Cappuccino reg | XL** 3,5 | 4

**Flat White** 4

**Latte Macchiato** 3,5

**Espresso Macchiato** 2,5

Extras:

Leche vegetal de avena 0,50 / Leche sin lactosa 0,50

## VINOS

### TINTOS

**Tierra de aranda** 5 / 25  
(Tempranillo) Ribera del Duero

**Marqués del Atrio** 5 / 25  
(Crianza) Rioja

### BLANCOS

**Valderivero** 5 / 24  
(Verdejo) Rueda

**Casar de Burbia** 27  
(Godello) Bierzo

**Nasica** 5 / 25  
(Sauvignon blanc) Rueda

**Diamine** 32  
Pecorino Italiano

### ROSADOS

**Larrosa** 5 / 23  
(Garnacha) Rioja

### ESPUMOSOS

**Emosió Brut Nature** 5 / 27  
(Macabeo, Xarel·lo, Parellada) Cava

## LATTES ESPECIALES

**Chai Latte** 5

**Matcha Latte** 5

## TÉS E INFUSIONES

**Green Tea** 3

**English Breakfast** 3

**Manzanilla / Poleo** 3

**Rooibos / Frutos bosque** 3

**Menta fresca** 3

# BEBIDAS FRÍAS

|                         |     |                                         |                               |
|-------------------------|-----|-----------------------------------------|-------------------------------|
| <b>Ice Coffee</b>       | 4,5 | <b>Limonada Casera</b>                  | 5,5                           |
|                         |     | Limón, agave, Soda                      |                               |
| <b>Iced Latte</b>       | 5   | <b>Naranjada</b>                        | 5,5                           |
|                         |     | Naranja, agave, soda                    |                               |
| <b>Iced Capuccino</b>   | 5   | <b>Limonada a la Menta</b>              | 5,5                           |
|                         |     | Limón, Agave, Menta, Soda               |                               |
| <b>Café Shakerato</b>   | 6   | <b>Ginger soda</b>                      | 6                             |
| <b>Iced Tea</b>         | 5,5 |                                         | Limón, agave, jengibre y soda |
| <b>Ice Matcha Latte</b> | 5,5 | <b>Maracuyada</b>                       | 6                             |
|                         |     | Limón, agave, sirope de maracuyá y soda |                               |
| <b>Ice Chai Latte</b>   | 5,5 | <b>Limonada Misterio by Javi</b>        | 8                             |
| <b>Espresso Tónica</b>  | 8   | <b>Pepinada</b>                         | 6                             |
|                         |     | <b>Sin gin Basil</b>                    | 7                             |

# ZUMOS Y BATIDOS

recién exprimidos (sólo desayunos/only breakfast)

Extra Jengibre 0,50€

|                                                        |     |                                                                                                   |   |
|--------------------------------------------------------|-----|---------------------------------------------------------------------------------------------------|---|
| <b>NARANJA</b>                                         | 4,5 | <b>CUERPO DORADO</b>                                                                              | 8 |
|                                                        |     | Más curvas que excusas : zanahoria, mango, manzana                                                |   |
| <b>NARANJA Y JENGIBRE</b>                              | 5   | <b>DESPIERTA PAPI</b>                                                                             | 7 |
|                                                        |     | Sin compromiso, mucho placer: banana, naranja, zanahoria, jengibre                                |   |
| <b>EL PAREO</b>                                        | 7   | <b>EL SATISFACTOR</b>                                                                             | 8 |
| Naranja, zanahoria, manzana                            |     | No deja nadie con hambre: aguacate, banana, almendras tostadas, leche de avena y un toque de miel |   |
| <b>DESEO VERDE</b>                                     | 8   | <b>MORNING WOOD</b>                                                                               | 8 |
| Más fresco que tu ex : hinojo, pepino, manzana y kiwi  |     | Sube el animo.y algo más!: banana, dátiles, leche de avena y crema de cacahuets.                  |   |
| <b>LABIOS ROJOS</b>                                    | 8   |                                                                                                   |   |
| Ácido, dulce y muy tentador: pomelo, fresa, piña, lima |     |                                                                                                   |   |