

# BREAKFAST

FROM 9AM TO 1PM

**mama**  
**CARMEN**  
sant ferran

## CARMENCITA DULCE

<b>PLAIN CROISSANT</b>	3
<b>NUTELLA CROISSANT WITH CHOCOLATE GRANOLA</b>	3,5
<b>PISTACHIO CROISSANT WITH TOASTED PISTACHIOS</b>	3,5
<b>CLASSIC PANCAKES</b>	10,5
Soft and fluffy pancakes served with butter, maple syrup, fresh fruit, and classic crumble	
<b>PANCAKES WITH MASCARPONE CREAM</b>	12
Fluffy pancakes with mascarpone cream, red berries, and almond crumble	

### \*PANCAKE EXTRAS:

NUTELLA	2,5	RED BERRIES	4
PISTACHIO CREAM	3	HONEY	2,5
WHITE CHOCOLATE	2,5	WHIPPED CREAM	2

<b>CLASSIC FRENCH TOAST</b>	12,5
With butter, maple syrup, banana, whipped cream, and crumble	

<b>TIRAMISU FRENCH TOAST</b>	13
With mascarpone cream, blueberries, and savoiardi biscuit	

<b>WAFFLE WITH BANANA &amp; PEANUT BUTTER</b>	11,5
Crispy waffle with fresh banana, peanut butter, nuts, and honey	

<b>WAFFLE WITH RED BERRIES &amp; WHITE CHOCOLATE</b>	13
With red berries, white chocolate, and crushed Oreo	

## BOWLS

<b>YOGURT WITH GRANOLA &amp; FRUIT</b>	10
Greek yogurt, granola, fresh fruit, honey, and chocolate chips	

<b>AÇAÍ BOWL WITH FRUIT &amp; COCONUT</b>	12
Açaí, fresh fruit, coconut, granola, and agave syrup	

## AVOCADO TOAST

<b>AVOCADO</b>	10
Sourdough bread with avocado, toasted sesame, lime, and olive oil	

<b>AVOCADO &amp; RICOTTA</b>	12,5
Sourdough bread with avocado, ricotta, confit tomato, and basil	

<b>AVOCADO &amp; MORTADELLA</b>	13
Sourdough bread with burrata, mortadella, and toasted pistachios	

<b>SLIGHTLY SPICY AVOCADO</b>	10
Avocado, pickled onion, capers, and lightly spicy oil	

### \*Extras Avocado Toast:

SCRAMBLED EGGS	2/ud	SMOKED SALMON	3,5
FRIED EGGS	2/ud	JAMÓN IBÉRICO	4
POACHED EGGS	2/ud	CRISPY BACON	3

## BAGELS

<b>SALMON &amp; CREAM CHEESE</b>	13
Toasted bagel with salmon, cream cheese, red onion, capers, and dill	

<b>HALLOUMI &amp; SPICY HONEY</b>	11
Grilled halloumi with spicy honey, nuts, and arugula	

<b>JAMÓN IBÉRICO</b>	14
Iberian ham, confit tomato, and arugula	

## EGG SPECIALTIES

<b>CLASSIC EGGS BENEDICT</b>	12,5
Poached eggs, crispy bacon, hollandaise sauce on toasted bread with chives	

<b>GREEN EGGS BENEDICT</b>	13,5
Poached eggs, avocado, zucchini, green hollandaise, and toasted pumpkin seeds	

<b>TURKISH EGGS</b>	14
Creamy spiced Greek yogurt, poached eggs, spicy oil, and toasted sourdough	

## BRUNCH TO SHARE

Mínimo 2 personas

<b>A SELECTION OF OUR FAVORITE SWEET AND SAVORY DISHES TO SHARE:</b>	26,5/pp
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Croissants, pancakes with butter, syrup and berries, French toast, avocado toast, mini eggs Benedict, salmon bagel, yogurt with granola and fresh fruit

### \*Extras brunch to share:

SMOKED SALMON · IBERIAN HAM · CRISPY BACON · EGGS (POACHED / FRIED / SCRAMBLED) · NUTELLA · PISTACHIO CREAM · WHITE CHOCOLATE · RED BERRIES

## PROTEIN DISHES

<b>PROTEIN PLATE</b>	13
Boiled eggs, avocado, crispy bacon, arugula, and nuts	

<b>SALMON PROTEIN BOWL</b>	15
Salmon, boiled eggs, avocado, arugula, toasted sesame, and crudités	

### Allergen Chart

1 GLUTEN	4 LACTOSA	7 CRUSTÁCEOS	10 MOSTAZA	13 SULFITOS
2 HUEVO	5 CACAHUETES	8 FRUTOS DE CÁSCARA	11 SÉSAMO	14 MOLUSCOS
3 SOJA	6 PESCADO	9 APIO	12 ALTRAMUCES	

## JUICES & SMOOTHIES

### Freshly squeezed

<b>ORANGE</b>	4,5
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<b>ORANGE &amp; GINGER</b>	5
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<b>EL PAREO</b>	7
(orange, carrot, apple)	

<b>LA RESACA</b>	7
(celery, spinach, cucumber, ginger, green apple)	

<b>RED TANGA</b>	7
(beetroot, ginger, pineapple)	

## COLD DRINKS

<b>Iced Coffee</b>	4,5	<b>Homemade Lemonade</b>	5,5
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<b>Iced Latte</b>	5	Limón, agave, Soda	
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<b>Iced Capuccino</b>	5	<b>Orange "Lemonade"</b>	5,5
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<b>Café Shakerato</b>	6	Naranja, agave, soda	
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<b>Iced Tea</b>	5,5	<b>Mint Lemonade</b>	5,5
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<b>Ice Matcha Latte</b>	5,5	Limón, Agave, Menta, Soda	
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<b>Ice Chai Latte</b>	5,5	<b>Ginger soda</b>	6
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<b>Espresso Tonic</b>	8	Limón, agave, jengibre y soda	
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		<b>Maracuyá "Lemonade"</b>	6
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		Limón, agave, sirope de maracuyá y soda	
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		<b>Mystery Lemonade by Javi</b>	8
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## COFFEE

<b>Espresso</b>	1,8	<b>Chai Latte</b>	5
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<b>Espresso Doble</b>	2,5	<b>Matcha Latte</b>	5
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<b>Cortado</b>	2		
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<b>Americano reg   XL</b>	2   3,5		
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<b>Latte regular   XL</b>	2,5   3,5		
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<b>Cappuccino reg   XL</b>	3,5   4		
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<b>Flat White</b>	4		
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<b>Latte Macchiato</b>	3,5		
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<b>Espresso Macchiato</b>	2,5		
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## SPECIAL LATTES

<b>Chai Latte</b>	5
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<b>Matcha Latte</b>	5
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## TEA & INFUSIONS

<b>Green Tea</b>	3
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<b>English Breakfast</b>	3
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<b>Chamomile / Peppermint</b>	3
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<b>Rooibos / Berries</b>	3
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<b>Fresh Mint</b>	3
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## COCKTAILS

<b>SPRITZ</b>	10
Aperol o Campari, Prosecco, Soda	

<b>SPRITZ HUGO</b>	10
Aperol o Campari, Hugo, Flor saúco, Cava, Soda	

<b>GINGER SPRITZ</b>	10
Aperol o Campari, Ginger	

<b>MARACUYÁ SPRITZ</b>	10
Aperol o Campari, maracuyá	

<b>MICHELADA</b>	10
Beer, lemon juice, spicy and Carmen's touch	

<b>MOJITO</b>	12
Ron, lima, menta, agave	

<b>CAIPIRINHA</b>	12
Cachaça, lima, agave	

<b>MULE SELECTION</b>	12
Vodka, Ginger Beer, lima	

<b>MARGARITA'S</b>	12
Jalapeño, Tomy's	

<b>PISCO SOUR</b>	12
Pisco, egg white, lime juice, syrup, Angostura	

<b>ESPRESSO MARTINI</b>	12
With a touch of Lemon	

<b>NEGRONI</b>	12
Gin, Campari, vermouth rojo	

<b>MARGARITA</b>	12
Tequila, Triple Sec, lemon juice	

<b>AMERICANO</b>	12
vermouth, Campari, soda	

## APERITIFS

<b>WHITE VERMOUTH</b>	6
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<b>RED VERMOUTH</b>	6
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## SANGRÍAS

<b>MAMA'S RED</b>	6,5/25
Classic, as Mama likes it	

<b>CITRUS WHITE</b>	7/26
White wine, citrus and a touch of mint	

<b>FIZZY CARMEN</b>	7,5/29
Fruity, tropical and sparkling	

## BEERS

<b>Small beer El Águila</b>	2,5	<b>Alhambra</b>	4,5
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<b>Draft beer (El Águila)</b>	3	<b>Non-alcoholic beer</b>	4
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<b>Pitcher El Águila</b>	6,5	<b>Gluten-free beer</b>	4
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<b>Unfiltered El Águila</b>	4,5	<b>Dos Equis</b>	5,5
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## WINES

<b>Red Wines</b>		<b>WHITE WINES</b>	
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<b>Tierra de aranda</b>	5 / 25	<b>Valderivero</b>	5 / 24
(Tempranillo) Ribera del Duero		(Verdejo) Rueda	

<b>Marqués del Atrio</b>	5 / 25	<b>La Jurisdicción</b>	6 / 29
(Crianza) Rioja		(Godello) Bierzo	

<b>ROSÉ</b>		<b>SPARKLING</b>	
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<b>Larrosa</b>	5 / 23	<b>Emosió Brut Nature</b>	5 / 27
(Garnacha) Rioja		(Macabeo, Xarel-lo, Parellada) Cava	

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