

LUNCH & DINNER

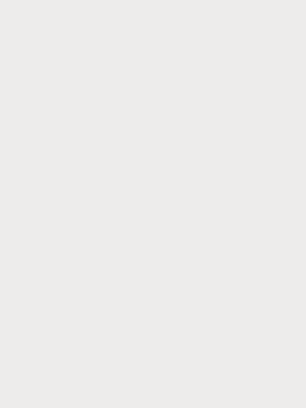
mama
CARMEN
sant ferran

CARMEN IS FRIED

SWEET POTATO, LIME & PARMIGIANO (1,4)	9
Crispy sweet potato with lime and Parmigiano.	
PATATAS BRAVAS (2,10)	8,5
Potatoes with sobrasada spicy sauce and lime aioli.	
CHILI LIME CORN RIBS	7,5
Fried corn "ribs" with chili and lime.	
KOREAN-STYLE CHICKEN POPCORN (1,3,11)	8,5
Fried chicken bites with sweet and sour Korean glaze, sesame, and spring onion.	
NACHOS (4)	10,5
Crispy nachos with pulled pork, melted cheddar, pico de gallo, guacamole, and cilantro.	
TRUFFLE & MUSHROOM VEGGIE CROQUETTES (U) (1,2,4)	7
Creamy vegetarian croquettes with truffle and mushrooms.	
TEQUEÑOS (3 U) (1,2,4)	7
Cheese sticks with guasacaca sauce.	
SUPPLÌ CARBONARA (PER UNIT - 120G) (1,2,4)	3,50
Fried carbonara rice ball with guanciale, pecorino, and a melting center.	

FRESH & LIGHT

AVOCADO, FETA & PICO DE GALLO SALAD (4)	14,5
Avocado, fresh pico de gallo, and feta cheese.	
PANZANELLA WITH BURRATA (1,4)	13
Crispy bread, fresh tomatoes, basil, and creamy burrata.	
SALMON, CITRUS & FENNEL SALAD (6)	14,5
Marinated salmon with crunchy fennel and citrus.	



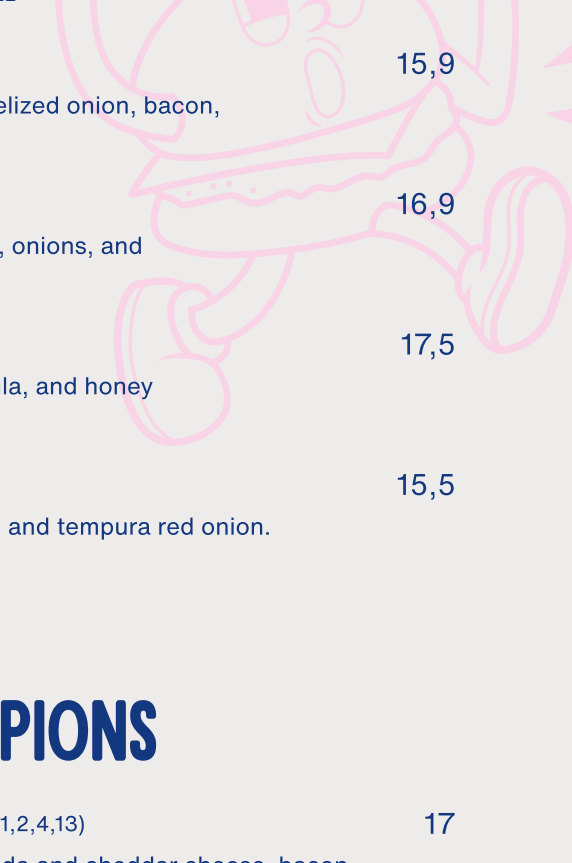
Ándale CARMEN

CHICKEN "CHINGÓN" TACOS (1,2,3,11)	15
Chicken taco with peanut guacamole and pickled onion.	
PORK BIRRIA & CHEESE TACOS (1,4)	16,5
Slow-cooked spiced pork with melted cheese and broth on the side.	
PRAWN TACOS (7,1,2)	17,5
Crispy tempura prawns with guacamole and chili-lime mayo.	

BURGERS

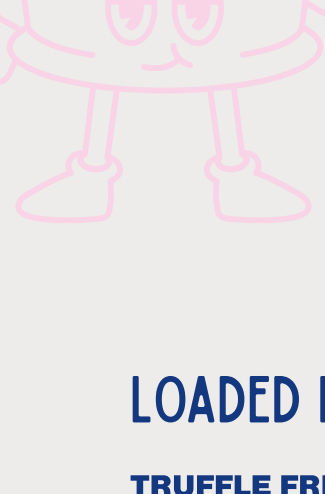
with brioche bun or gluten-free bun

TINDER (1,2,4,13)	15,9
Double smash beef (200g), cheddar cheese, caramelized onion, bacon, lettuce, tomato, and house sauce.	
SUGAR DADDY (1,4,10,11)	16,9
Double smash beef (200g), double cheddar, pickles, onions, and American-style sauce.	
FORMENTETA	17,5
Double smash beef (200g), goat cheese, figs, arugula, and honey mustard mayo.	
VEGGIE BURGER (1,3,11)	15,5
Broccoli burger stuffed with cheese, avocado mayo, and tempura red onion.	



THE CHAMPIONS

MILF CHAMPION 2024 (1,2,4,13)	17
180g aged beef, bacon mayo, gouda and cheddar cheese, bacon jam, and Carmen's special sauce.	
LA Q LONA CHAMPION 2025 (1,4,10,11)	17
180g aged beef, cheddar and Monterrey Jack cheese, bacon jam, homemade pickles, and Carmen's special sauce.	



LOADED FRIES

TRUFFLE FRIES (1,4)	7
Crispy fries with Parmesan and truffle mayo.	
PROVOLONE FRIES (4)	6,5
Fries with melted provolone, fried onion, and black pepper.	
CHEDDAR & BACON FRIES (4)	6,5
Fries topped with melted cheddar and crispy bacon.	

SWEET CARMENCITA

PISTACHIO CHEESECAKE (4,2,8)	7
Creamy cheesecake with a soft pistachio center.	
FRIED OREOS (1,4,2,3)	7
Deep-fried Oreo cookies with icing sugar.	
BANOFFEE (1,4)	7
María biscuits with banana, dulce de leche, and whipped cream.	
COOKIE & ICE CREAM SKILLET (1,2,4)	7
Warm Nutella cookie with vanilla ice cream.	

Allergen Table

1 GLUTEN	4 LACTOSE	7 SHELLFISH	10 MUSTARD	13 SULPHITES
2 EGG	5 PEANUTS	8 TREE NUTS	11 SESAME	14 MOLLUSCS
3 SOY	6 FISH	9 CELERY	12 LUPIN	

COCKTAILS

SPRITZ	8
Aperol o Campari, Prosecco, Soda	
SPRITZ HUGO	8
Aperol o Campari, Hugo, Flor saúco, Cava, Soda	
GINGER SPRITZ	8
Aperol o Campari, Ginger	
MARACUYÁ SPRITZ	8
Aperol o Campari, maracuyá	
MICHELADA	8
Beer, lemon juice, spicy and Carmen's touch	
MOJITO	10
Ron, lima, menta, agave	
CAIPIRINHA	10
Cachaça, lima, agave	
MULE SELECTION	10
Vodka, Ginger Beer, lima	
MARGARITA'S	10
Jalapeño, Tomy's	
PISCO SOUR	10
Pisco, egg white, lime juice, syrup, Angostura	
ESPRESSO MARTINI	10
With a touch of Lemon	
NEGRONI	10
Gin, Campari, vermouth rojo	
MARGARITA	10
Tequila, Triple Sec, lemon juice	
AMERICANO	10
vermouth, Campari, soda	

APERITIFS

WHITE VERMOUTH	6
RED VERMOUTH	6

SANGRÍAS

MAMA'S RED	6,5/25
Classic, as Mama likes it	
CITRUS WHITE	7/26
White wine, citrus and a touch of mint	
FIZZY CARMEN	7,5/29
Fruity, tropical and sparkling	

BEERS

Draft beer (El Águila)	2,8	Non-alcoholic beer	4
Pitcher El Águila	6,5	Gluten-free beer	4
Unfiltered El Águila	4,5	Dos Equis	5,5
Alhambra	4,5		

WINES

Red Wines		WHITE WINES	
Tierra de aranda	5 / 25	Valderivero	5 / 24
(Tempranillo) Ribera del Duero		(Verdejo) Rueda	
Marqués del Atrio	5 / 25	La Jurisdicción	6 / 29
(Crianza) Rioja		(Godello) Bierzo	
La capilla	32	ROSÉ	
(Crianza) Ribera del Duero		Rosebloom	5 / 23
		SPARKLING	
		Emosió Brut Nature	5 / 27
		(Macabeo, Xarel·lo, Parellada) Cava	

COLD DRINKS

Iced Coffee	4,5	Homemade Lemonade	5,5
Iced Latte	5	Limón, agave, Soda	
Iced Capuccino	5	Orange "Lemonade"	5,5
Café Shakerato	6	Naranja, agave, soda	
Iced Tea	5,5	Mint Lemonade	5,5
Ice Matcha Latte	5,5	Limón, Agave, Menta, Soda	
Ice Chai Latte	5,5	Ginger soda	6
Espresso Tonic	8	Limón, agave, jengibre y soda	
		Maracuyá "Lemonade"	6
		Limón, agave, sirope de maracuyá y soda	
		Mistry Lemonade by Javi	8

CAFÉS

Espresso	1,8
Espresso Doble	2,5
Cortado	2
Americano reg XL	2 3,5
Latte regular XL	2,5 3,5
Cappuccino reg XL	3,5 4
Flat White	3
Latte Macchiato	3
Espresso Macchiato	2,5

LATTES ESPECIALES

Chai Latte	5
Matcha Latte	5

TÉS E INFUSIONES

Green Tea	2,5
English Breakfast	2,5
Chamomille / Pepermint	2,5
Rooibos / Berries	2,5
Fresh Mint	4

