

BREAKFAST

10:00 – 13:00

mama
CARMEN

sant ferran

SWEET CARMENCITA

PANCAKES WITH FRESH FRUIT AND SYRUP (1)	7
PANCAKES WITH NUTELLA AND FRESH FRUIT (1)	7
PANCAKES WITH PISTACHIO AND STRAWBERRIES (1)	7
PANCAKES WITH FRIED EGGS, BACON, AND SYRUP (1)	8
PISTACHIO CHEESECAKE (2,4)	7
BANOFFEE (1,4) Maria biscuits with banana, dulce de leche, and whipped cream.	7
COOKIE & ICE CREAM SKILLET (1,2,4) Warm Nutella cookie with vanilla ice cream.	7

BOWLS (1)

AÇAÍ WITH NUTS, GRANOLA, FRUIT, AND COCONUT	9,5
YOGURT WITH FRESH FRUIT, HONEY, AND GRANOLA	7
YOGURT WITH HONEY AND GRANOLA	6,5
EXTRA: PEANUT BUTTER	2,5

CLASSIC TOASTS

	HALF	FULL
TOMATO & OLIVE OIL (1)	2	4
BUTTER & JAM (1,4)	2	4
TOMATO & AVOCADO (1)	3	6
TOMATO & CHEESE (1,4)	2,5	5
TOMATO & SERRANO HAM (1,13)	3	6
TOMATO & YORK HAM (1,13)	2,5	5
TOMATO, CHEESE & HAM (1,4,13)	3,5	7
TOMATO, CHEESE & SERRANO HAM (1,4,13)	3,5	7
TOMATO, AVOCADO & CHEESE (1,4)	3,5	7
TOMATO, AVOCADO & HAM (1,13)	3,5	7
HUMMUS & AVOCADO (1,13)	3,5	7

WITH EGGS

	HALF	FULL
SCRAMBLED EGGS WITH AVOCADO (1,2)	4	8
SCRAMBLED EGGS WITH SERRANO HAM (1,2,13)	4	8
SCRAMBLED EGGS WITH CHEESE (1,2,13)	4	8
SCRAMBLED EGGS WITH SMOKED SALMON (1,2,6)	4,5	9

OTHERS

	FULL
SMOKED SALMON, CREAM CHEESE, CHERRY TOMATOES, AND ARUGULA (1,4,6)	9,5
FRIED EGGS, AVOCADO, CHERRY TOMATOES, AND ARUGULA (1,2)	8,5

EXTRAS: AVOCADO 2,5 - EGG 2,5 - SALMON 3 - HAM 3 - HUMMUS 2,5 - BACON 2,5 - GLUTEN FREE BREAD 0,5

KETO / PROTEIN PLATE

CLASSIC HUMMUS, FRIED EGGS, BACON, NUTS, AND ARUGULA	8
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Allergen Table

1 GLUTEN	4 LACTOSE	7 SHELLFISH	10 MUSTARD	13 SULPHITES
2 EGG	5 PEANUTS	8 TREE NUTS	11 SESAME	14 MOLLUSCS
3 SOY	6 FISH	9 CELERY	12 LUPIN	

JUICES & SMOOTHIES

Freshly squeezed

FRESH ORANGE JUICE	4,5
ORANGE & GINGER	5
EL PAREO orange, carrot, apple	7
LA RESACA celery, spinach, cucumber, ginger, green apple	7
RED TANGA beetroot, ginger, pineapple	7

COLD DRINKS

Iced Coffee	4,5	Homemade Lemonade Limón, agave, Soda	5,5
Iced Latte	5	Orange “Lemonade” Naranja, agave, soda	5,5
Iced Capuccino	5	Mint Lemonade Limón, Agave, Menta, Soda	5,5
Café Shakerato	6	Ginger soda Limón, agave, jengibre y soda	6
Iced Tea	5,5	Maracuyá “Lemonade” Limón, agave, sirope de maracuyá y soda	6
Ice Matcha Latte	5,5	Mystery Lemonade by Javi	8
Ice Chai Latte	5,5		
Espresso Tonic	8		

CAFÉS

Espresso	1,8
Espresso Doble	2,5
Cortado	2
Americano reg XL	2 3,5
Latte regular XL	2,5 3,5
Cappuccino reg XL	3,5 4
Flat White	3
Latte Macchiato	3
Espresso Macchiato	2,5

LATTES ESPECIALES

Chai Latte	5
Matcha Latte	5

TÉS E INFUSIONES

Green Tea	2,5
English Breakfast	2,5
Chamomille / Peppermint	2,5
Rooibos / Berries	2,5
Fresh Mint	4

COCKTAILS

SPRITZ Aperol o Campari, Prosecco, Soda	8
SPRITZ HUGO Aperol o Campari, Hugo, Flor saúco, Cava, Soda	8
GINGER SPRITZ Aperol o Campari, Ginger	8
MARACUYÁ SPRITZ Aperol o Campari, maracuyá	8
MICHELADA Beer, lemon juice, spicy and Carmen's touch	8
MOJITO Ron, lima, menta, agave	10
CAIPIRINHA Cachaça, lima, agave	10
MULE SELECTION Vodka, Ginger Beer, lima	10
MARGARITA'S Jalapeño, Tomy's	10
PISCO SOUR Pisco, egg white, lime juice, syrup, Angostura	10
ESPRESSO MARTINI With a touch of Lemon	10
NEGRONI Gin, Campari, vermouth rojo	10
MARGARITA Tequila, Triple Sec, lemon juice	10
AMERICANO vermouth, Campari, soda	10

APERITIFS

WHITE VERMOUTH	6
RED VERMOUTH	6

SANGRÍAS

MAMA'S RED Classic, as Mama likes it	6,5/25
CITRUS WHITE White wine, citrus and a touch of mint	7/26
FIZZY CARMEN Fruity, tropical and sparkling	7,5/29

BEERS

Draft beer (El Águila)	2,8	Non-alcoholic beer	4
Pitcher El Águila	6,5	Gluten-free beer	4
Unfiltered El Águila	4,5	Dos Equis	5,5
Alhambra	4,5		

WINES

Red Wines		WHITE WINES	
Tierra de aranda (Tempranillo) Ribera del Duero	5 / 25	Valdeivero (Verdejo) Rueda	5 / 24
Marqués del Atrio (Crianza) Rioja	5 / 25	La Jurisdicción (Godello) Bierzo	6 / 29
La capilla (Crianza) Ribera del Duero	32	ROSÉ	
		Rosebloom	5 / 23

SPARKLING

Emosió Brut Nature (Macabeo, Xarel·lo, Parellada) Cava	5 / 27
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