

Fresh fruit and Nutella Pa

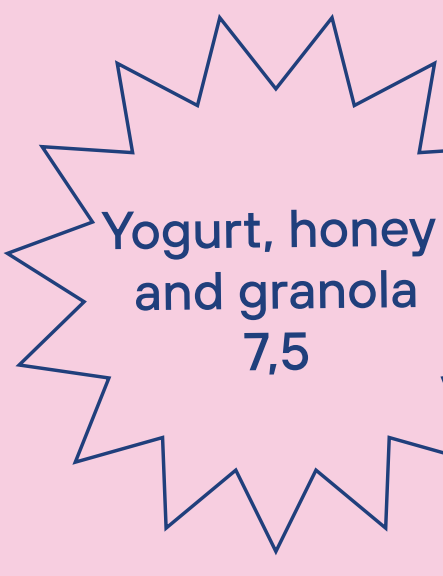
French toast with Mascarpone, fruit & caramel (9.30am to 2pm)	10
Cheesecake ^(2, 4)	7
Nutella Brownie ⁽¹⁾	7
Tiramisú	7



**Açaí, blackberries,
banana, granola,
nuts, coconut nibs
and chía**
11

Bowls ⁽¹⁾

Extra:
Peanut Cream
2,5



**Yogurt, honey
and granola**
7,5



**Yogurt
fresh fruit
and granola**
8,5

Toasted Carmen

9.30AM TO 2PM

e fraîche, cher
, 4, 6)

Avocado, poached eggs, cherry tomato, seeds, arugula and sourdough bread	(1, 2, 4)	7.5
Avocado, Serrano ham, tomato, arugula and sourdough bread	(1, 13)	9
Benedict eggs with ham/salmon, Hollandaise sauce, spinach and brioche bread	(1, 2, 4, 6)	11
Fried eggs pancake with bacon	(1, 2)	9
Scrambled eggs with serrano ham, tomato and brioche bread	(1, 2, 13)	7.5
Extra: Avocado 2.5 – Egg 2.5 – Salmon 3.5 – Ham 3 – Hummus – 2.5 – Bacon 2.5		

Keto/Proteic Breakfast

bacon, tomato and walnuts	8
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and light

with season tomato, lime and basil

poke with quinoa, spinach, seaweed,
melon, avocado and edamame ^(1, 6, 13)

Vegetarian poke with falafel

21.5

Snacks & Sides

Sweet Potato with lime and parmesan cheese ^(1, 4)	9
“Bravas” potato with our house sauce ^(1, 2, 13, 14)	8,5
Nachos with guacamole, cheddar, pico de gallo, pulled pork and jalapeños ^(4, 13)	10,5
“Kentucky Style” Wings with sweet chili and sesame	11
Tequeños with sweet and sour jalapeño sauce ^(1, 4, 13)	9,5
Patacón with avocado and marinated salmon ^(1, 6, 13)	14,5
French Fries ⁽¹⁾	6
French Fries with parmesan and truffle ^(1, 4)	7,5
French Fries with cheese and jalapeño ^(1, 4)	7

Octopus Tacos

Cochinita Pibil Tacos ^(1, 2, 4)	16,5
Achiote, pickled onions and cilantro	
Taco Chapa ⁽⁴⁾	16,9
Cachapa with cochinita pibil and cheese, served with guasacaca sauce	
Vegetarian Taco ⁽⁴⁾	15,9
Carrot Hummus, falafel, toasted chickpeas, pico de gallo, cilantro and yogurt sauce	
Burgers	
Tinder ^(1, 2, 4, 13)	15,9
Double smash beef 200g, cheddar cheese, caramelized onion, bacon, lettuce, tomato and house sauce	
Sugar Daddy ^(1, 2, 10)	16,9
Double smash beef 200g, double cheddar, pickles, onions and American sauce	
Formenteta	17,5

Vegetarian

Yogurt and tahini sauce, baby gem lettuce, tomato and guacamole			
THE WINNER MILF 2024 (1, 2, 4, 13) 180g dry-aged beef, bacon mayo gouda and cheddar cheese, bacon jam and Carmen's special sauce 18 LA Q LONA (1, 2, 10) 180g dry-aged beef, cheddar and Monterey Jack cheese, bacon jam, homemade pickles and Carmen's special sauce 17			
CHALLENGER FOR "SA MILLOR 2025"			
TABLE OF ALLERGENS			
1. Gluten	4. Lactose	7. Crustaceans	10. Mustard
2. Egg	5. Peanuts	8. Nuts	11. Sesame
			13. Sulphites
			14. Mollusks

FRESH SQUEEZED

Orange juice

El Pareo

Apple, orange and carrot			
The Hangover			7
Celery, spinach, cucumber, ginger, green apple			
Red Tanga			7
Beetroot, ginger and pineapple			
Wood Morning			8
Banana, oat milk, peanut butter, dates and cocoa			
Cold drinks			
Ice Coffee	4,5	Lemonade	5,5
		Lemon, agave and soda	
Iced Latte	5		
		Orangeade	5,5
Iced Capuccino	5	Orange, agave, soda	
Café Shakerato	6	Mint Lemonade	5,5
		Lemon, agave, mint and soda	
Iced Tea	5,5		
		Ginger soda	6
Ice Matcha Latte	5,5	Lemon, agave, ginger and soda	

Cofee		Lattes especiales	
Espresso	1,8	Chai Latte	5
Espresso Doble	2,5	Matcha Latte	5
Cortado	2	Tés e Infusiones	
Americano reg XL	2 3,5		
Latte regular XL	2,5 3,5		
Cappuccino reg XL	3,5 4		
Flat White	3		
Latte Macchiato	3	Green Tea	2,5
Espresso Macchiato	2,5	English Breakfast	2,5
		Chamomille / PepperMint	2,5
		Rooibos / Forest Berries	2,5
		Fresh Mint	4
Cocktails			

Spritz Hugo
Aperol or Campa

Ginger spritz		8	
Aperol or Campari, Ginger			
Maracuyá spritz		8	
Aperol or Campari, Maracuyá			
Michelada		8	
Beer, lemon juice, spice and a Carmen twist			
Mojito		10	
Rum, Lime, Mint, Agave			
Caipirinha		10	
Cachaça, Lima, Agave			
Mule Selection		10	
Vodka, Ginger Beer, Lime			
Margarita's		10	
Jalapeño, Tomy's			
Pisco Sour		10	
Pisco, Egg White, Lime Juice, Syrup, Angostura			
Espresso Martini		10	
With a touch of lemon			
Negroni		10	
Gin, Campari, vermouth rojo			
Margarita		10	
Tequila, Triple seco, lemon juice			
Americano		10	
Vermouth, Campari, soda			
Aperitifs			
White Vermouth		6	
Red Vermouth		6	
Sangrías			
Mama's Red		6,5 / 25	
Classic as Mama likes			
Citrus White		7 / 26	
White wine with citrus notes and mint			
FizzyCarmen		7,5 / 29	
Fruity, tropical and bubbly			
Beers			
Cañita El Águila	3	Alhambra	4,5
Caña El Águila	3,5	Alcohol-free Beer	4
Jarra El Águila	6,5	Gluten Free Beer	4

Wines

RED

Cantamañanas (Tempranillo) Ribera del Duero	5	25
El Buscador (Rioja)	5	25
Habla del silencio (Syrah, Cabernet Sauvignon, Tempranillo)	35	
WHITE		
Hombre pez (Verdejo) R	5	24
Terras Do Cigarrón (Godello) Monterrey	6	29

Rosebloom

SPARKLING

Emosió Brut Nature (Macabeo, Xarel·lo, Parellada) Cava 5 27
